

# Parent's Helpbook

Directory of Services  
for Families of Children  
with Special Needs in  
Burke County

Provided by the Burke County Local  
Interagency Coordinating Council

# We hope you can use the resources provided in this Parent Helpbook for your child and family.

This Helpbook is provided by the  
Burke County Local Interagency Coordinating Council.

## What is the Burke County Local Interagency Coordinating Council?

The Burke County Local Interagency Coordinating Council is a community-based advisory group for the implementation of a birth to five interagency system of early intervention services. Local Interagency Coordinating Councils provide opportunities for service providers to be involved in local and regional activities such as child find and public awareness, community needs assessment, system evaluation, and professional development.

A few of the Local Interagency Coordinating Council's tasks are to:

- Assist in identifying local early intervention and early childhood service and training needs
- Develop and disseminate county specific public awareness and child find materials
- Implement county specific activities that address service, training and monitoring needs
- Foster interagency collaboration and information sharing
- Promote parent and family involvement in all community activities
- Encourage community efforts supporting inclusion of children with special needs and their families

### **Appalachian (ASU's) Communication Disorders Clinic**

120 University Hall, Boone, NC 28608

**Phone:** 828-262-6852 **Fax:** 828-262-6766

**Website:** [www.cdclinic.appstate.edu](http://www.cdclinic.appstate.edu)

**Description of Services:** Provides evaluations and services to children with language and reading disabilities. Sliding fee schedule supported by N.C. Scottish Rite Masonic Foundation.

### **Autism Society of North Carolina**

5121 Kingdom Way, Suite 100, Raleigh, NC 27607

**Phone:** 919-256-5202 **Toll free:** 1-800-442-2762

**Website:** [www.autismsociety-nc.org](http://www.autismsociety-nc.org)

**Description of Services:** Provides services for NC residents with



autism and related developmental disabilities.

**Autism Support Group**

Vickie Dieter, Parent Advocate/Trainer for Autism Society of NC  
P. O. Box 11395, Hickory, N.C. 28603

E-mail: [vickiedieter@fshhope.org](mailto:vickiedieter@fshhope.org)



**Bayada Pediatrics**

1985 Tate Boulevard SE, Hickory, NC 28602

Phone: 828-327-3800 Fax: 828-327-3303

Website: [www.bayada.com](http://www.bayada.com)

**Description of Services:** At Bayada Pediatrics, our professionals specialize in caring for children of all ages, from newborns to adolescents at home and at school. Bayada Pediatrics' nurses manage diverse diagnoses and high-tech equipment such as tracheostomies and ventilators, while our highly trained and caring Bayada Pediatric home health aides provide assistive personal care and support services. Depending on your child's needs, Bayada Pediatrics can provide nursing care up to twenty-four hours a day.



**BEGINNINGS for Parents of Children Who Are Deaf or Hard of Hearing, Inc.**

302 Jefferson Street Suite 110, Raleigh, NC 27605

Phone: 919-715-4092 V/TTY

Toll free: 1-800-541-4327 V/TTY (in NC only)

Fax: 919-715-4093

Website: [www.ncbegin.org](http://www.ncbegin.org)

**Description of Services:** Offers free information, support, and advocacy for families who have children with hearing loss, ages birth to 22 years of age.



**Blue Cross NC Institute for Health and Human Services**

Leon Levine Hall of Health Sciences

ASU Box 32102, Boone, NC 28608

Phone: 828-262-7677

Website: [www.ihhs.appstate.edu](http://www.ihhs.appstate.edu)

**Description of Services:** To provide research, clinical services, and training programs in the health and human services disciplines to meet the needs of students, faculty and the region.



**Blue Ridge Community Action (Early Head Start/Head Start)**

800 N Green Street, Morganton, NC 28655

Phone: 828-438-6255 (Burke County) and  
828-758-4290 (Caldwell County)

Fax: 828-433-5721 (Burke County) and  
828-759-0288 (Caldwell County)



**Description of Services:** Federally funded program for preschool children from low-income families designed to prepare them for success in school. The program provides children with activities that help young children grow mentally, socially, emotionally and physically. Services are also offered to meet the special needs of children with disabilities.

**Burke County CMARC - Care Management for At-Risk Children (Formally known as CC4C)**

700 East Parker Rd, Morganton, NC 28680

**Phone:** 828-764-9150 **Fax:** 828-764-9153

**Description of Services:** Children ages 0-5 who are experiencing one or more of the following:

- At risk for or diagnosed with a long-term physical, developmental, behavioral, or emotional condition
- In Neonatal Intensive Care Unit (NICU)
- In foster care
- Exposed to long-term stressful situations



**Burke County Preschool Specialty Services through Burke County Public Schools**

325 Conley Road, Morganton, NC 28655

**Phone:** 828-433-6030 **Fax:** 828-584-7273

**Website:** [www.burke.k12.nc.us](http://www.burke.k12.nc.us)

**Description of Services:** Preschool Specialty Services is an early intervention program serving preschool age children. Preschool services may include early education, speech and language therapy, occupational therapy, and physical therapy aimed to meet the individual needs of children who are deemed eligible for services through comprehensive evaluations.



**Burke County Smart Start, Inc.**

304 West Union Street, Morganton, NC 28655

**Phone:** 828-438-6290 **Fax:** 828-439-2333

**Website:** [www.smartstartkids.org](http://www.smartstartkids.org)

**Description of Services:** NC Pre-K is a community based, voluntary program designed to prepare children for kindergarten. The program provides quality educational experiences in order to enhance kindergarten readiness and prepare children for success in school.



**Burke County Public Library**

**Morganton Location:** 204 S King Street  
Morganton, NC 28655

**Valdese Location:** 213 St Germain Ave SE  
Valdese, NC 28690

**Hildebran Location:** 101B Main Ave W.  
Hildebran, NC 28637



**Phone:** 828-764-9260 (Morganton); 828-874-2421 (Valdese)  
828-764-9283 (Hildebran)  
**Fax:** 828-433-1914

**Website:** [www.bcpls.org](http://www.bcpls.org)

**Description of Services:** A non-commercial library supported with public funds intended for use by the general public with locations in Morganton (437-5638), Valdese (874-2421), and Hildebran (397-3600).

**The W. Paul Biggers MD Carolina Children's  
Communicative Disorders Program (CCCDP)**

5501 Fortunes Ridge Drive Suite A  
Durham, NC 27713

**Phone:** 919-419-1449 **Fax:** 919-419-1399

**Description of Services:** The CCCDP provides devices and services to underprivileged children with communication disorders. Since its organization, the program has helped 197 children, including 21 given cochlear implants, and has disbursed 258 hearing aids or devices. It is a cost-efficient program that has potential to help many of our state's needful children. We solicit referrals from all NC physicians, audiologists, speech pathologists, educators, and other professionals. Applications and financial forms will be furnished on request.



**Child Care Connections**

304 West Union Street, PO Box 630  
Morganton, NC 28630

**Phone:** 828-439-2328 **Fax:** 828-439-2332

**Website:** <https://childcareconnectionsburke.weebly.com/>

**Description of Services:** Child Care Connections of Burke Co., Inc. is a private non-profit resource and referral agency offering information to parents, childcare providers, employers and the community. Child Care Connections has been serving Burke County since 1994. Child Care Connections strives to coordinate childcare services with childcare needs and promote public awareness about the importance of childcare and the needs of young children. For Child Care Referrals call.....1-877-670-8735



**Child Care Resources Inc.**

200 Regency Executive Park Drive  
Suite 240, Charlotte, NC 28217

**Phone:** 704-376-6697, ext. 150

**Fax:** 704-376-7865

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)



**Children's Developmental Services Agency (CDSA)**

145-A West Parker Road, Morganton, NC 28655

**Phone:** 828-433-5171 **Fax:** 828-433-1201

**Website:** <https://bearly.nc.gov>

**Description of Services:** The CDSA is the single portal for children ages 0-3 years old to obtain an evaluation to determine



eligibility for the N.C. Infant Toddler Program. Through a team approach with several professionals, this agency provides an in-depth evaluation of a child's medical, psychological, educational, physical, and speech-language needs for children ages birth to three. Early intervention service coordinators assist families in locating services and therapies (such as speech, occupational, or physical) as well as other support resources. Parents and others may refer children to the CDSA.

**Children's Hope Alliance**

304 D West Union Street, Morganton, NC 28655

**Phone:** 828-433-7176 **Fax:** 828-437-8329

**Website:** [www.childrenshopealliance.org](http://www.childrenshopealliance.org)

**Description of Services:** Provides an array of services for children, families and individuals throughout North Carolina.

Our focus is on three things: Hope, Health and Healing for generations.



**The Enola Group Early Head Start**

501 East Concord Street, Morganton, NC 28655

**Phone:** 828-475-0107 **Fax:** 828-475-1036

**Website:** <https://www.enolagroup.org/ehs-programs>

**Description of Services:** The Early Head Start (EHS) program provides home visitation, group socializations, and childcare for income-eligible families of children from birth to age three

as well as women who are pregnant. The comprehensive supports to children and their families include: child learning and development opportunities, parent education, medical and dental care, nutrition services, and childcare.



**Early Learning Sensory Support Program for Children with Hearing Impairments**

**Phone:** 828-781-4979 or 828-448-9353

**Fax:** 919-733-1873

**Website:** <https://ec.ncpublicschools.gov/disability-resources/early-learning-sensory-support>

**Description of Services:** The Early Learning Sensory Support Program for Children with Hearing Impairments is a service provider for children who are enrolled in the Infant-Toddler Program/Children's Developmental Services Agency (CDSA). Services are provided to children who are deaf, hard of hearing, or deaf/blind, ages birth to three, and their families with emphasis on language and communication skill development. Itinerant teachers licensed in hearing impairment provide family-centered intervention in home and daycare settings. Teachers work with the CDSA to ensure that children who are eligible receive appropriate Preschool Program services at age three.



**Early Learning Sensory Support Program  
for Children with Visual Impairments**

**Phone:** 828-413-7864 or 984-292-3067

**Fax:** 919-733-1873



**Website:**

<https://ec.ncpublicschools.gov/disabilityresources/early-learning-sensory-support>

**Description of Services:** The Early Learning Sensory Support Program for Children with Visual Impairments provides community-based early intervention and preschool services to children ages birth through five years with diagnosed visual impairments. Services are provided in collaboration with a variety of other agencies and interventionists to ensure that each child's unique and individual needs across all areas of development are being addressed. Staff offer an array of services to children and families. Focusing on environmental and educational adaptations, visual efficiency assessment and training, compensatory skill development, pre-Braille/Braille instruction, and orientation and mobility training, teachers address each child's unique needs specific to their visual impairment. Intervention occurs using a variety of instructional strategies that take place in the child's natural environment. Additional services include family support services and activities, developmental assessments, IFSP and/or IEP development, and staff development opportunities for both service providers and families.

**Easter Seals UCP of NC**

407 N College Street, Morganton, NC 28655

**Phone:** 828-433-6624

**Website:** [www.easterseals.com](http://www.easterseals.com)

**Description of Services:** Has supports for children with Intellectual Developmental Disabilities, Inclusive Early Intervention Services and Developmental Centers where specially trained teachers and therapists build the foundation for young children to grow and flourish. Our trained staff specializes in helping children with a variety of disorders including autism, bipolar, schizophrenia, depression and other mental health disorders.



**ECAC (Exceptional Children's Assistance Center)**

**Western Office**

70 Woodfin Place, Asheville, NC 28801

**Toll-Free:** 866-545-5299 **Fax:** 828-255-2627

**Website:** [www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)

**Description of Services:** ECAC is dedicated to empowering families and improving lives, particularly for North Carolina families raising children ages 0 to 26 with disabilities. As a non-profit organization operated by and staffed primarily with parents of children with disabilities, we understand the needs of families as they navigate the special education process. We are here to assist all children in accessing a free and appropriate education.



**Family, Infant and Preschool Program (FIPP)**

300 Enola Road, Morganton, NC 28655  
**Phone:** 828-433-2661 **Fax:** 828-438-6457  
**Website:** [www.fipp.org](http://www.fipp.org)

**Facebook:** FamilyInfantPreschoolProgram

**Description of Services:** FIPP provides individual parenting and developmental supports and resources to children birth to five years of age and their families through a variety of home and community activities. FIPP staff includes nurses, occupational therapists, physical therapists, speech-language pathologists, teachers, psychologists, and nutritionist.



**Family Support Network/HOPE**

P.O. Box 11395, Hickory, N. C. 28603  
**Phone:** 828-256-5202 **Fax:** 828-256-5202  
**Email:** [vickiedieter@fsnhope.org](mailto:vickiedieter@fsnhope.org)

**Description:** Provides information, support and training for families who have premature babies and children of all ages with special needs in Alexander, Burke, Caldwell, Catawba and McDowell Counties. FSN/HOPE coordinates a local network of trained Support Parents who are available to be matched with parents who have children with similar conditions or circumstances and is part of the statewide Family Support Network of Parent-to-Parent programs. The HOPE Parent Resource Center, a federally funded program of FSN/HOPE, provides information and training to help families who have children with disabilities with issues related to their child's education. Hmong, Latino, and English-speaking staff are available.



**Local Interagency Coordinating Council (LICC)**

c/o CDSA Director  
145-A West Parker Road  
Morganton, NC 28655  
**Phone:** 828-433-5171  
**Fax:** 432-5445

**Description of Services:** This organization is comprised of representatives from various agencies and parents of children with disabilities who work together to ensure that services for children with disabilities are efficient and family friendly.

**Make-A-Wish Central & Western North Carolina**

217 E. Tremont Ave, Charlotte, NC 28203

**Phone:** 704-339-0334**Toll-Free:** 877-677-9474

**Website:** [www.ncwish.org](http://www.ncwish.org)

**Description of Services:** Every 34 minutes Make-A-Wish® grants the wish of a child diagnosed with a life-threatening medical condition in the United States and its territories. We believe that a wish experience can be a game-changer. This one belief guides us in everything we do. It inspires us to grant wishes that change the lives of the kids we serve.



**March of Dimes Birth Defects Foundation**

Western Carolina Division, 1601 Norwood Road  
Statesville, NC 28677

**Website:** [www.marchofdimes.org](http://www.marchofdimes.org)

**Phone:** 704-873-2554

**Description of Services:** Community services to address maternal and infant needs; advocacy for programs and policies to improve the health of mothers and babies.



**MOMS (Moms Offering Moms Support)**

**Club of Morganton**

c/o Lori Farris, 502 Bost Road, Morganton, NC 28655

**Phone:** 803-984-9035 (Lori Farris)

**Website:** Find us on Facebook!

**Description of Services:** Come and meet other stay at home moms at the MOMS Club! The MOMS Club (Moms Offering Moms Support) is a national, nonprofit organization specifically for at home mothers everywhere! Join us for playgroups, park days, Moms' night out, activity groups like arts and crafts, coffee breaks, field trips, lunch groups and more!



**Muscular Dystrophy Association**

207 Regency Executive Park Drive Suite 170  
Charlotte, NC 28217

**Phone:** 704 567-2912

**Website:** <http://www.mda.org/>

**Description of Services:** Diagnostic testing, clinical services, physical and occupational therapies, summer camp, public health education.



**NC Early Hearing and Detection Program**

**Website:** [www.ncnewbornhearing.org](http://www.ncnewbornhearing.org)

**Email:** [sandy.markland@dhhs.nc.gov](mailto:sandy.markland@dhhs.nc.gov)

**Description of Services:** Provides support to families of babies that do not pass the newborn hearing testing completed at birth, through the testing process and referral for services for children with hearing loss. Provides a safety net to families whose babies did not receive an initial hearing screening at birth.



**Olson Huff Center at Mission Children’s Hospital**

11 Vanderbilt Park Drive, Asheville, NC 28803

**Toll-Free:** 1-800-377-9251

**Phone:** 828-213-1740 **Fax:** 828-213-1785

**Website:** <https://missionhealth.org/services-treatments/pediatrics/developmental-and-behavioral-medicine/>



**Description of Services:** At the Olson Huff Center, we provide diagnostic services, medical treatments, therapy and behavioral services for infants, children and adolescents who have difficulties with development, behavior and learning. We also provide support and guidance for families and caregivers of children with special needs. The center was established by Dr. Olson Huff in the late 1980s and was named the Olson Huff Center in 1995. Under the leadership of Dr. Adrian Sandler since 1994, the center has grown to become the largest clinical program of its kind in North Carolina.

**Safe Kids Burke County**

700 East Parker Road, Morganton, NC 28655

**Phone:** 828-764-9219 (Coordinator) **Fax:** 828-764-9154

**Description of services:** The Safe Kids Burke County Coalition is part of Safe Kids Worldwide and Safe Kids North Carolina. Safe Kids is dedicated to the prevention of accidental childhood injury, the number one killer of children ages 14 and under. The Burke County Health Department is the lead agency for Safe Kids Burke County.

Our risk areas include: motor vehicle safety, including child passenger safety, heatstroke, backovers and frontovers and pre-driver education; pedestrian safety, TV and furniture tip overs, bike and wheeled sports safety, drowning, medication safety, button battery ingestion, fire and burn and safe sleep.

Safe Kids Burke County has 3 permanent car seat checking stations in Burke County that check car seats at no cost by appointment. The checking stations are the Burke County Health Department (828-764-9219), George Hildebran Fire & Rescue (828-874-4610) and the Valdese Fire Department (828-879-2103).



**Special Olympics**

2200 Gateway Centre Boulevard, Suite 201  
Morrisville, NC 27560

**Phone:** 919-719-7662

**Website:** [www.sonc.net](http://www.sonc.net)

**Description of Services:** Provides opportunities for children and adults with disabilities to develop physical fitness, engage in athletic competition, and experience the joy of sharing and friendship through a variety of sporting events.



**Tyndall Center Therapeutic Preschool**

Sipe's Orchard Home, 4431 County Home Road  
Conover, NC 28613

**Phone:** 828-256-5056 **Fax:** 828-256-4031

**Website:** [www.sipesorchardhome.org/ncpk/](http://www.sipesorchardhome.org/ncpk/)

**Description of Services:** The North Carolina Pre-Kindergarten (NCPK) classrooms in the Tyndall Center provide a specialized educational program for at-risk four-year olds, providing extra help, support and attention to ensure kindergarten readiness and success later in school.



**TEACCH Autism Program**

100 Technology Dr. Suite A, Asheville, NC 28803

**Phone:** 828-251-6319 **Fax:** 828-251-6358

**Website:** [www.teacch.com](http://www.teacch.com)

**Description of Services:** A resource for parents of children diagnosed with autism.



**Universal Mental Health/Developmental Disabilities/  
Substance Abuse Services**

223 Avery Ave, Morganton, NC 28655

**Phone:** 828-438-0006 **Fax:** 828-438-0616

**Website:** [www.umhs.net](http://www.umhs.net)

**Description of Services:** Provides comprehensive and integrated mental health, intellectual/developmental disabilities, substance abuse and early intervention services in North Carolina.



**Walkin' Roll Activities League, Inc.**

Albert Parkhurst Municipal Complex, 202 South Center Street  
Hildebran, NC 28637

**Phone:** 828-446-5106; 828-228-0616

**Website:** [www.walkinroll.org](http://www.walkinroll.org)

**Description of Services:** Provides social and recreational activities for children and adults of all ages with developmental disabilities. We are a league of ABILITIES not DISABILITIES.



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